



Allina Health | Aetna Social Media Community Guidelines

Allina Health | Aetna's goal is to establish informative, engaging and supportive social media communities where we can share information, listen to feedback and answer questions. In turn, we invite you to share questions, comments and feedback with us, including criticism. By commenting or posting on our pages, you grant us the right to continued use of the content. Content may also be used for commercial, advertising, promotional or other purposes without additional approval.

As we want this to be a safe and welcoming environment, we ask that you treat others with respect, even if disagreements occur. We reserve the right to block offensive or spam contributors and remove any inappropriate content posted to our pages, which may include personal attacks; posts that are offensive, disrespectful, abusive or threatening to others; posts that contain foul language, and content that may be confidential or irrelevant to the discussion at hand or to Allina Health | Aetna or our offerings.

Remember that Allina Health | Aetna's social media channels are public forums and any information you share may be viewed by others. As such, Allina Health | Aetna's social media channels are not an appropriate place to discuss private health care issues or other subjects that could jeopardize your privacy and/or the privacy of others. Because we value your privacy, we may ask you to share your contact information via direct message so we can follow up privately and assist you offline, with your consent, by routing the matter to the appropriate person or department for further handling.

The discussions and comments on Allina Health | Aetna's social media properties describe general principles of health care and should not in any event be construed as specific instructions for individual patients. This material is not intended to be a guide to self-treatment or as a substitute for professional medical advice, diagnosis or treatment. Consult your health care provider for diagnosis and treatment of any medical condition you may be experiencing.

Please note that some offerings and benefits mentioned on social media platforms may not be covered by your health plan. Please refer to your benefit plan documents for information about coverage.

If you post to one of our social media channels, or otherwise respond or comment on one of our posts, you are agreeing to abide by these Community Guidelines, which apply in addition to the Terms and Conditions or other legal notices that are provided by us and/or the owner of the social media platform.