# Allina Health 👬

**♦aetna** 

# Authorization for Release of Protected Health Information (PHI)

My health record is private and is known under the law as "Protected Health Information (PHI)".

By completing and signing this form, I, or my legal representative, agree to allow Allina Health | Aetna to share my PHI with the people or companies listed below. By Allina Health | Aetna, I also mean the company's subsidiaries, affiliates, employees, agents and subcontractors.

### PLEASE COMPLETE ALL SECTIONS.

#### 1. My information

My first name		Last name		Middle initial
My member ID number	My birth date (MMDDYY)	(Y)	My phone number	
My street			My city, state, ZIP code	

#### 2. Allina Health | Aetna can share my PHI with the following people or companies:

Person or company name	Phone number
Street	City, state and ZIP code
Person or company name	Phone number
Street	City, state and ZIP code

#### 3. Allina Health | Aetna can share ONLY my records chosen below.

You must check any and all information that you want to be s psychotherapy notes.	hared. This authorization cannot be used to share				
Health (medical, dental, pharmacy, vision and flexible spending account information) Long term care Patient management records					
☐ Substance use disorder (alcohol/drug)   ☐ HIV/AIDS   ☐ Sexually transmitted diseases ☐ Behavioral health/Mental health (but NOT psychotherapy notes).					
Other sensitive services (such as gender affirming care or sexual or reproductive health) Other (please explain)					
4. By signing this form I authorize Allina Health   Aetna to o	disclose information below for the following purpose.				
Check one of the following options:					
At my request – no specific purpose					
5. This form will be valid for 1 year unless a shorter time period is listed below.					
My authorization is valid from					
	to				
MM/DD/YYYY	MM/DD/YYYY				

#### 6. By signing below, I understand and agree:

- My PHI that I agree to share may be sensitive. It may include diagnosis and treatment information. It may cover chronic diseases, behavioral health conditions and alcohol or drug abuse. It may cover communicable diseases, sexually transmitted diseases such as HIV/AIDS, and genetic marker information.
- Whoever gets my PHI may share it with others. That means federal or state privacy laws may no longer protect my PHI.
- I can get a copy of this authorization form that I have signed by sending Allina Health | Aetna a signed request using the address at the bottom of this form.
- Allina Health | Aetna will not release my PHI to the individual(s) or company(ies) named in Section 2 unless I sign this form.
- I can cancel or change my decision any time. I can do this by writing to Allina Health | Aetna, using the address at the bottom of this form.
- If I do cancel my permission, it will not affect actions Allina Health | Aetna took before getting my request.
- My ability to enroll won't change if I do not sign this form.
- My eligibility for benefits and services won't change if I do not sign this form.

#### ATTENTION:

My signature is required if any of the below apply:

- I am 18 years of age or older
- I am a minor under the age of 18 and I am either married or I am emancipated
- The information being disclosed pertains to drug or alcohol treatment
- The information being disclosed pertains to one of the following conditions and my state allows me to be treated even if my parents or legal guardian do not agree with my decision:
  - Mental health
  - Sexually transmitted disease (including HIV/AIDS)
  - Reproductive health (including contraception, prenatal care and abortion)
  - General medical and dental health

#### 7. My signature or my legal representative's signature

Signature	Date	
Print name		
If a legal representative signed this form, describe the relationship: (parent, legal guardian, Power of Attorney, personal representative)		

- If this request is being signed by the member's legal representative, you must provide legal documentation authorizing you to act on the member's behalf (legal guardianship, power of attorney, personal representative).
- If you are making this request on behalf of a minor child, we may require additional information before this request is considered complete.

Please sign and return this completed form to:

## HIPAA Member Rights Team PO Box 14079 Lexington, KY 40512-4079

Or you can fax it to: **859-280-1272** 

### **Nondiscrimination Notice**

Allina Health | Aetna complies with applicable Federal civil rights laws and does not unlawfully discriminate, exclude or treat people differently based on their race, color, national origin, sex, age, or disability.

We provide free aids/services to people with disabilities and to people who need language assistance.

If you need a qualified interpreter, written information in other formats, translation or other services, call the number on your ID card.

If you believe we have failed to provide these services or otherwise discriminated based on a protected class noted above, you can also file a grievance with the Civil Rights Coordinator by contacting:

Civil Rights Coordinator, P.O. Box 14462, Lexington, KY 40512, **1-800-648-7817**, TTY: **711**, Fax: **859-425-3379**, <u>CRCoordinator@aetna.com</u>.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights Complaint Portal, available at <u>https://ocrportal.hhs.gov/ocr/portal/lobby.jsf</u>, or at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, or at **1-800-368-1019**, **800-537-7697** (TDD).

Allina Health | Aetna is the brand name used for products and services provided by Allina Health and Aetna Insurance Company. Health plans are offered, underwritten or administered by Allina Health and Aetna Insurance Company (Allina Health | Aetna). Allina Health | Aetna is an affiliate of Aetna Life Insurance Company and its affiliates (Aetna). Allina Health | Aetna has sole responsibility for its products and services. Aetna provides certain management services to Allina Health | Aetna.

## TTY:711

English	To access language services at no cost to you, call the number on your ID card.
Spanish	Para acceder a los servicios lingüísticos sin costo alguno, llame al número que figura en su tarjeta de identificación.
Hmong	Yuav kom tau kev pab txhais lus tsis muaj nqi them rau koj, hu tus naj npawb ntawm koj daim npav ID.
Cushitic-Oromo	Tajaajiiloota afaanii gatii bilisaa ati argaachuuf,lakkoofsa fuula waraaqaa eenyummaa (ID) kee irraa jiruun bilbili.
Vietnamese	Để sử dụng các dịch vụ ngôn ngữ miễn phí, vui lòng gọi số điện thoại ghi trên thẻ ID của quý vị.
Chinese Traditional	如欲使用免費語言服務,請撥打您健康保險卡上所列的電話號碼
Russian	Для того чтобы бесплатно получить помощь переводчика, позвоните по телефону, приведенному на вашей идентификационной карте.
Lao	ເພື່ອເຂົ້າເຖິງບໍລິການພາສາທີ່ບໍ່ເສຍຄ່າ, ໃຫ້ໂທຫາເບີໂທຢູ່ໃນບັດປະຈຳຕົວຂອງທ່ານ.
Amharic	የቋንቋ አንልግሎቶችን ያለክፍያ ለማግኘት፣ በመታወቂያዎት ላይ ያለውን ቁጥር ይደውሉ።
Karen	လဌတၢကမၢ္ရ၊ ကိုုာတၢမၢစဌာအတၢဖံးတၢမာတဖာ လဌတအိုာဒီးအပူ၊လဌနကဘာဟ္ခာအီ၊အဂ်္ဂ္ဂီကိုးဘာလိတဲစိနီဉဂံၢလဌအအိုုာလဌနခ်ိုာဂ်ိဳ၊ ဗ (၍) အလို့ျာတက္နာ၍
German	Um auf den für Sie kostenlosen Sprachservice auf Deutsch zuzugreifen, rufen Sie die Nummer auf Ihrer ID-Karte an.
Mon-Khmer,	<sub>ផ</sub> ម្បីទទួលបានសេវាកម្មភាសាដែលឥតគិតថ្លៃសម្រាប់លោកអ្នក
Cambodian	សូមហៅទូរសព្ទទៅកាន់លេខដែលមាននៅលើបណ្ណសម្គាល់ខ្លួនរបស់លោកអ្នក។
Arabic	للحصول على الخدمات اللغوية دون أي تكلفة، الرجاء الاتصال على الرقم الموجود على بطاقة اشتراكك.
French	Pour accéder gratuitement aux services linguistiques, veuillez composer le numéro indiqué sur votre carte d'assurance santé.
Korean	무료 다국어 서비스를 이용하려면 보험 ID 카드에 수록된 번호로 전화해
	주십시오.
Tagalog	Upang ma-access ang mga serbisyo sa wika nang walang bayad, tawagan ang numero sa iyong ID card.

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